

Monthly Cleaning Checklist

<i>Kitchen</i>		<i>Bedroom(s)</i>
Deep clean stove (polish glass-top or scour burners)		Change the bed linen
Polish granite counter tops (move things on the counter & clean underneath)		Fold and hang clothes
Run lemon peels & ice cubes through garbage disposal		Put shoes away
Deep clean sinks with vinegar and baking soda		Put jewelry away
Wipe down cabinets and pulls		Straighten nightstand surfaces
Vacuum corners		Dust hard services
Wipe down appliances		Gather items to go to the cleaners
Dust blinds (Swiffer)		Polish furniture
Dust windowsills (Swiffer)		Dust blinds (Swiffer)
Purge older food & clean shelves of refrigerator		Dust windowsills (Swiffer)
Clean the top of the fridge		Clean out nightstand drawers
Refresh Pantry and take inventory		Refresh carpet with baking soda before vacuuming
Steam clean or wet mop floor		Vacuum floor
<i>Living Room</i>		<i>Bathroom(s)</i>
Remove pillows & vacuum underneath cushions		Wipe out sink
Fluff pillows		Heavy clean toilet(s), sink(s), countertop(s)
Discard all junk		Clean splatters from mirror(s)
Dust all services (weekly I use a Swiffer)		Heavy clean shower(s)
Clean glass surfaces w/vinegar (French doors, tables, etc.)		Spray & clean shower floor(s)
Clean TV screens (do not spray vinegar directly on screen)		Heavy clean the shower door(s) (vinegar)
Vacuum carpeted floors		Take shower curtain liner down and run through washer
Dust mop or sweep hard floors		Remove all toiletries and clean complete countertop & medicine cabinets
Sweep or dust mop hard surface floors		Sweep floor/vacuum corners
Dust pictures, windowsills, wall art & door frames		Dust light fixtures & bathroom fan(s)
Remove knick knacks from space and dust underneath (also dust knick knacks before replacing)		Wet mop or steam clean flooring
Refresh candles & potpourri		Refresh candles & potpourri
Steam or wet mop hard service flooring		<i>Office</i>
<i>Dining Room</i>		File all loose paperwork
Dust hard services		Clear desktop
Remove all clutter		Purge mail (toss junk mail that came in during the week)
Sweep/dust mop flooring		Update-clear/add To-Do's to memory board
Dust blinds & windowsills		Dust hard services
Dust wall art and door frames (Swiffer)		Dust blinds & windowsills
Remove knick knacks & dust underneath		Dust wall art and door frames (Swiffer)
Wet mop or steam clean flooring		Remove knick knacks & dust underneath
<i>Miscellaneous</i>		Air dust keyboards
		Vacuum, wet mop or steam floors
		Burn a lavender candle