



## 15- Minute Kids' Room Nighttime Tidy-Up Checklist

### 🌙 Step 1: Set the Scene

- ☐ Set a 15-minute timer
- ☐ Turn on a fun, upbeat playlist
- ☐ Grab a basket or bin for quick sorting

### 🌙 Step 2: Quick Declutter Sweep

- ☐ Pick up toys and place them in their bins
- ☐ Gather dirty clothes for the hamper
- ☐ Put away clean clothes left out
- ☐ Collect any trash or loose papers

### 🌙 Step 3: Straighten & Reset

- ☐ Organize books, papers, or art supplies
- ☐ Clear off desks, dressers, and nightstands
- ☐ Wipe down surfaces with a quick-dry or baby wipe

### 🌙 Step 4: Final Touches

- ☐ Make or straighten the bed
- ☐ Check under the bed for hidden clutter or lost toys
- ☐ Lay out clothes for the next day
- ☐ Turn off lights, say goodnight, and enjoy a peaceful space

