



15- Minute Master Bedroom Nighttime Tidy-Up Checklist

Take just 15 minutes before bed to create a peaceful, clutter-free space you'll love waking up to.

1. Make or Straighten the Bed (2 minutes) I admit, I skip this step because I make my bed every morning.

- ☐ Smooth sheets and comforter
- ☐ Fluff pillows and arrange decorative cushions

2. Clear Nightstands & Surfaces (3 minutes)

- ☐ Remove cups, books, and random items
- ☐ Wipe down surfaces if needed
- ☐ Return only essentials (lamp, clock, current book, etc.)

3. Handle Clothes & Shoes (3 minutes)

- ☐ Hang up items that can be reworn
- ☐ Place dirty clothes in the hamper
- ☐ Return shoes to the closet or organizer

4. Reset the Atmosphere (3 minutes)

- ☐ Light a candle or turn on diffuser
- ☐ Spray pillow or linen mist
- ☐ Adjust lighting for a calm mood

5. Quick Floor & Final Sweep (4 minutes)

- ☐ Pick up anything on the floor

☐ Do a one-minute vacuum or sweep

☐ Tidy visible clutter (dresser, chair, corners)

 Bonus Step:

☐ Whisper a quick prayer of gratitude before turning off the light.

“Thank You, Lord, for this home, this rest, and this peace You’ve provided.”